

# Natural Springs by FusionBeads.com



Approximate finished length: 9 inches

## **Beads and other products needed for one bracelet:**

- 1 - Size 11 Transparent Aquamarine AB Round Japanese Seed Beads (SB2330) **(A)**
- 1 - Size 11 Teal Lined Rainbow Light Sapphire Round Japanese Seed Beads by Toho – 1833 (SB5720) **(B)**
- 1 - Size 11 Green Teal Lined Rainbow Crystal Round Japanese Seed Beads by Toho – 274 (SB5777) **(C)**
- 1 - Size 11 Silver Lined Dark Aqua Round Japanese Seed Beads (SB1911) **(D)**
- 1 - Size 11 Silver Lined Crystal Clear Round Japanese Seed Beads (SB1380) **(E)**
- 1 - Size 11 Higher Metallic Teal Hematite Round Japanese Seed Beads by Toho – 519 (SB5848) **(F)**
- 2 - 6mm Light Grey Swarovski Crystal Pearl Beads (PL5316)
- 1 - 13.5x6.5mm Sterling Silver Balloon Lobster Claw Clasp (SS4109)
- 1 - 7mm Sterling Silver 20.5 Gauge Closed Jump Ring (SS3936)
- 1 - Crystal Clear FireLine Braided Bead Thread .008 diameter - 6 lb/Size D (SM4429)

## **Tools needed to complete the bracelet:**

Size 12 English Beading Needles (TL1647)  
Xuron Thread and Fiber Scissors (TL3000)  
Perfect End Thread Burner (TL1006)  
Knitting needle or pencil

## **Beading Techniques needed to complete the bracelet:**

African Helix Stitch  
Using a Perfect End Thread Burner

## **Instructions to complete “Natural Springs” bracelet:**

### **Tip**

*The letters A – F designate the beads used in the pattern. A – D are main color beads, and E – F are accent color beads. Please refer to the materials list above for the key.*

### **Step 1**

Using scissors, cut a 5-foot length of beading thread, and thread a needle.

### **Step 2**

String the following (see African Helix Stitch Technique):

1 – E

3 – A

1 – E

3 – B

1 – E

3 – C

1 – E

3 – D

Tie a knot, and then pass back through the first A. Row 1 is complete.

### **Step 2**

Slide the beadwork onto a knitting needle or pencil to stabilize the loop and provide structure for the rope. String 3 – B, 1 – F and 1 – E. Pass the needle over the base row thread between the second E and third A in row 1. Pull the tension tight.

### **Step 3**

String 3 – C, 1 – F and 1 – E. Rotate the rod. Pass the needle over the base row thread between the third accent bead and the sixth main color bead in the first row. Pull the tension tight.

### **Step 4**

Following the pattern established in row 1, continue working African helix stitch until the beadwork is 8 inches long, or desired length.

### **Step 5**

Remove the rod, and pass back through all beads in the ring around the end of the spiral.

### **Step 6**

Exit one accent bead, and string 3 – F, 1 pearl and the loop on the lobster claw clasp. Pass back through the pearl and 3 – F. Pass back through the pearl, working in the opposite direction, until you pass through the next accent bead. String 3 – F and pass through the pearl and through the loop on the lobster claw clasp. Pass back through the pearl, 3 – F and the accent bead.

### **Step 7**

Continue through loop to the next accent bead. Add 3 – F, and pass through the pearl and the clasp. Pass back through the pearl, the 3 – F just added, and the accent bead. Continue through loop to the next accent bead. Add 3 – F, pass through the pearl and the clasp. Pass back through the pearl, the 3 – F just added, and the accent bead. Pass under the thread running through the beads and tie a half-hitch knot. Trim the thread, and burn the thread end with a Perfect End Thread Burner.

### **Step 8**

In the same manner as in Steps 6 – 7, use the tail thread left behind at the beginning of the work to attach the jump ring, using the pearl as a transition.

***For step-by-step photos and instructions on these and other techniques, visit [FusionBeads.com](http://FusionBeads.com) and select Beading Techniques from the top navigation bar. You'll find more Inspiration jewelry ideas at [FusionBeads.com](http://FusionBeads.com)!***